LeaderSkill WEEKLY

Recommended Resources

Four ways to put this week's skill into practice — pick the format that fits your schedule.

WATCH • VIDEO

[The Anatomy of Trust (the Marble Jar)]
Brené Brown · SuperSoul Sessions · 23 min.

[Trust Is the Marble Jar]
Brené Brown · Diary of a CEO clip · 3 min.

[Why Leaders Eat Last: The Circle of Safety]
Simon Sinek · 45 min.

LEARN • LINKEDIN LEARNING

[Building Trust]
Brenda Bailey-Hughes · LinkedIn Learning · ~54 min.

[Building Accountability into Your Culture]
Mike Figliuolo · LinkedIn Learning · ~39 min.

READ • SELF-STUDY

[Why and How To Build Trust in the Workplace]
Ted Kitterman · Great Place To Work · 2025 · ~6 min. read

[Leadership and Trust: Credibility, Respect, and Fairness]
Great Place To Work · 2025 · ~8 min. read

[Leaders Eat Last]
Simon Sinek · book & audiobook

[Great Place To Work Blog] *· articles*

APPLY • WELLSTAR TOOLS

[2027 Global Culture Report]
O.C. Tanner · culture, trust and inspiration · nearly 40,000 employees

[Wellstar's Trust Action Planning Guide]

[Wellstar Trust Collaborative Site]

WELLSTAR RESOURCES

Wellness & Work Life Resources

Wellness Consultants • SpringHealth (EAP) • wellstarconcierge.com • Headspace • Sharecare
Trust Collaborative • Workday action planning repository • leadershipwellstar.com • employeewellness@wellstar.org

Sampling of recommendations • Questions? Contact Leadership Development at lead@wellstar.org • Wellstar team members can access LinkedIn Learning through Workday

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