LeaderSkill WEEKLY

Recommended Resources

Four ways to put this week's skill into practice — pick the format that fits your schedule.

WATCH • VIDEO

[How to Tame Your Advice Monster]

Michael Bungay Stanier · TEDx University of Nevada · 14 min.

[The Advice Trap and Staying Curious Just a Little Longer]

Brené Brown with Michael Bungay Stanier · Dare to Lead podcast · listen

LEARN • LINKEDIN LEARNING

[Coaching Skills for Leaders and Managers]

Sara Canaday · LinkedIn Learning · ~34 min.

[Coaching in Action for Leaders and Managers]

Sara Canaday · LinkedIn Learning · practice scenarios

READ • SELF-STUDY

[The Leader as Coach]

Herminia Ibarra & Anne Scoular · Harvard Business Review · 2019 · ~15 min. read

[The Coaching Habit: Say Less, Ask More & Change the Way You Lead Forever]

Michael Bungay Stanier · book & audiobook

[The Advice Trap: Be Humble, Stay Curious & Change the Way You Lead Forever]

Michael Bungay Stanier · book

APPLY • WELLSTAR TOOLS

Wellstar Leadership Coaching

Coaching for leader development, not performance issues · requests route through the Executive Development team

Coaching Conversation Planner & Tracker (Week 14)

Wellstar Leadership Development Site

WELLSTAR RESOURCES

Wellness & Work Life Resources

Wellness Consultants • SpringHealth (EAP) • wellstarconcierge.com • Headspace • Sharecare

Trust Collaborative • Workday action planning repository • leadershipwellstar.com • employeewellness@wellstar.org

Sampling of recommendations • Questions? Contact Leadership Development at lead@wellstar.org • Wellstar team members can access LinkedIn Learning through Workday

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